



Message from the Principal...

Dear Parents & Carers,

We are always delighted when our parents and carers are able to be involved in activities here at Nabiac PS. Last week several parents attended the Mathematics workshops and the feedback we received was very positive. Thank you to Ms Johnson, Mrs Arandale and Miss Dunne for giving their time to present the workshops. I know they had a lot more to share with you so we may have to consider another workshop to build on what was covered last week.

It was a lovely morning for our Father's Day breakfast on Friday. Thanks to Mrs Quinn and Mr Tickle for their organisation of the barbeque. Thanks also to all the dads, granddads and special family members who were able to come along and then stay for the assembly. Yet again our students performed beautifully in the assembly, thanks to the hard work and commitment of our teachers and Jake with the band. Such talented students at the best little school anywhere!

Invoices will be sent out this week for any monies that may be owing to the school. This may include the camp for Stage 3 or the annual voluntary contribution. Camp needs to be paid for IN FULL prior to the departure date next Monday 9 September. The voluntary contribution is used to purchase resources to enhance student learning.

Have a great week

Narelle Kessey

Calendar

September

- 3 ICAS Writing Assessment
- 3 Spelling Bee Final (Forster P.S)
- 5 ICAS Science Assessment
- 6 ICAS Spelling Assessment
- 9 Aussie Bush Camp Yrs 5 &6 depart
- 9 P&C Meeting 6pm
- 13 Cricket Gala Day 9.30-2.30 (Primary)
- 11 Yrs 5 & 6 return from camp
- 17 ICAS English Assessment
- 19 ICAS Maths Assessment

Core Value.

This week our core value is *Respect*. "I can be considerate."

Assembly

This week our assembly will be held on Friday at 2.30pm in the school hall. 5/6M will be running the assembly and performing an item. All parents, carers and friends are welcome to attend.

Thought for the week

"Creating a healthy mindset
is an investment in your
overall wellbeing."
~Carley Schweet

Canteen Weekly Special

On Tuesday and
Wednesday the canteen
will be selling Meatball
Subs with or without
cheese. \$4 each.

Aussie Bush Camp

Can parents please finalise their accounts for camp this week. The camp must be paid for in full for the child to attend. The students leave for Aussie Bush Camp next Monday, 9th September departing school around 9.15am. We ask that all students arrive at school by 9 to avoid a late departure.

Spelling Bee Finals

We would like to wish Abbie Monk 3/4MJ, Kit Harper 4/5AP, Braiden Metcalfe 4/5AP and Asteria Meadows 5/6M good luck this Tuesday when they travel to Forster Public School to participate in the Spelling Bee Final.

PSSA Regional Athletics – student reports

On Friday I went to Newcastle for the regional Athletics Championships. My event was the 100 metre junior girls. I finished fourth in my heat and qualified for the final. **Abbie Monk**

On Friday I went to Hunter Sports Academy to compete in the junior boys shot put. It rained all day. We were very wet and cold. I'm not sure what I placed because we didn't get results. It was a fun day. **Will Kauter.**

School Run4Fun

This year the P&C will be holding a **Run4Fun Colour Explosion** on Friday 18th October to raise funds for our school! This will be held on Grandparents Day and will replace our annual walkathon.

Students will be sent home with a sponsorship booklet with instructions on how to raise money and order great prizes. This will be a fun event with a **BLAST OF COLOUR!**

The powders are made from high quality corn starch and permitted food colours. It's non-toxic, biodegradable, skin safe and environmentally friendly. Toxicological Risk Assessment and ingredient listings can be obtained from the School Office upon request. Students with asthma are advised to be careful in their decision to participate.

Create a Student Profile Page at www.myprofilepage.com.au which is unique to you and start fundraising.

Canteen News

We are in desperate need of more volunteers for our canteen. If we have a bigger pool of volunteers it means we don't need to roster people on as often and it also means we have more people to call on when volunteers cancel last minute due to unforeseen circumstances (usually sick children). I urge all parents and carers who do not work full time to please come in and put your name down for next term. You get a free lunch, and a chance to make your child/children super excited to see you in the canteen. Volunteers are usually here from 9am until 1.30pm. Please support your school by coming in one day a week, fortnight, month or term. Any time donated is appreciated.

Canteen Roster

Week	Monday	Tuesday	Wednesday	Thursday	Friday
7	2/9 Mel Hobden Kim Page	3/9 Michelle Thompson Tanya Combe	4/9 Amelia Bridge Tanya Combe	5/9 Emily Pye Camilla Watkins	6/9 Lyn Dower Jamie Lee Eason Berlinda Neale
8	9/9 Mel Hobden Volunteer Needed	10/9 Holly Kellett Tanya Combe	11/9 Amelia Bridge Michelle Gordon	12/9 Amanda Holden Michelle Thompson	13/9 Tanya Combe Christine Heffernan Geraldine Carson
9	16/9 Mel Hobden Jade Rea	17/9 Lyn George Volunteer Needed	18/9 Amelia Bridge Gaye Godbolt	19/9 Emily Pye Kim Page	20/9 Danae Meadows Lyn Dower Tracey Dell
10	23/9 Tarryn Margraf Mel Hobden	24/9 Margaret Dale Jade Rea	25/9 Amelia Bridge Hannah Kelly	26/9 Amanda Holden Holly Kellett	27/9 Christine Heffernan Berlinda Neale Jamie Lee Eason

Zero Waste Challenge

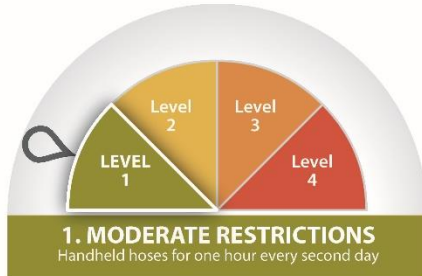
This week our **zero waste challenge** is to say no to paper receipts unless you really need it!

Did you know in the US over 10 million trees are consumed each year for the creation of receipts.



Source: https://www.huffingtonpost.com/will-hines/going-paperless-the-hidde_b_3008887.html

MODERATE WATER RESTRICTIONS NOW IN FORCE*



Restrict outside water use

Hand-held hoses may be used for one hour every second day (between 4pm and 9am)

- If your house number is an even number, you can water on the even days of the month. Odd number houses, water on odd days of the month
- No watering on the 31st of the month

Garden irrigation systems can be used for 15 minutes as part of your one hour allocation

* Water Restriction levels current on the date printed above. Please check the website below for updates to water restrictions.

1300 133 455

midcoast.nsw.gov.au/waterrestrictions

MODERATE RESTRICTIONS NOW IN FORCE*



Residential

Handheld hoses can be used for up to one hour every second day*, between the hours of 4pm and 9am. Garden irrigation systems can be used for 15 minutes as part of the one hour allocation.

Examples of outdoor use include:

- Car or boat washing: by bucket with trigger hose rinse only.
- Boat motor flushing: on a lawn area if possible.
- Topping up of pools.
- Cleaning driveways, paved areas, windows, walls and roofs: buckets only.

How every second day works: If your house is an even number then you can water on the even days of the month (the 2nd, 4th, 6th etc). If your house is an odd number, then you can water on the odd days of the month, (the 1st, 3rd, 5th etc). There is no residential outside water use on the 31st of the month.

Public Areas

Parks, gardens and non-active playing surfaces:

A 30% reduction on regular use is required, with users to develop a water management plan to achieve this target.

Active playing areas: A 30% reduction on regular use is required, with users to develop a water management plan to achieve this target.

Bowling greens and golf courses: Irrigation systems and hand held hoses for one hour per day on greens only (MidCoast Council will work with operators to develop management plans for use).

Garden ponds: Topping up by hand held hoses only.

Fountains: Total ban.

Commercial and Industrial

Nurseries and market gardens: Sprinklers and fixed hoses can be used before 9am and after 4pm. Hand held hoses can be used at any time.

Motor dealer vehicle washing: The use of machine washers with recirculation is allowed as is hand washing with a bucket and trigger hose rinse.

Mobile water tankers: Only to be used for firefighting, construction, inside residential, or public health purposes.

Construction industry: Hoses used must be fitted with a hand-held trigger to shut off flow when released.

There are no restrictions on water required for commercial/industrial production, however outdoor use is restricted as per the residential guidelines.

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Father's Day at Nabiac Public School





Thank you for
joining us. For our
special Father's Day
BBQ and Assembly.

